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### Perkins to Lead Workshop at Saranac Lake High School



Saranac Lake High School obtained a grant from the Tri-Lakes Prevention Coalition to bring Wesley Perkins, professor of sociology, to Saranac Lake to lead a workshop for concerned parents, teachers and student leaders next September. Out of that workshop the school plans to create a new program called "Facts and Reacts: a 2002 Approach to Risk Reduction." This workshop is an outgrowth of a Youth Risk Behavior Survey, designed by the Centers for Disease Control, administered last November by students in the Saranac Lake High School wellness class. The wellness-class students who compiled the survey's results have made recommendations as to how to curb risky behavior in each of the five categories addressed in the survey: exercise and nutrition; violence and safety; sexual activity; drugs, tobacco and alcohol; and suicide and mental health. The survey was the subject of an article titled "[Saranac Lake High survey probes smoking, sex, drugs](#)" in the June 13 *Plattsburgh Press-Republican*.

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